



Amare Ever Balance™

Balance That Keeps
Up with You

What It Is

A daily, science-backed supplement uniquely formulated with herbs and phytonutrients to support healthy hormone balance, mood and overall wellness through every phase, shift, and transition of your hormonal journey.*

Why You Need It

Hormones shift. Life shifts. From monthly fluctuations to perimenopause changes to post menopause balance, your body deserves support that adapts with you.*

How It Works

Ever Balance is powered by a proprietary blend of FenuSmart™ and Chasteberry that work alongside each other supporting healthy hormones, mood, and overall wellness.*

- **FenuSmart™** - a patented Fenugreek seed extract with a unique bioactive composition that works with your body's rhythms to promote hormonal health. FenuSmart™ is backed by four clinical studies and is shown to decrease irritability during PMS, ease hot flashes during perimenopause and help maintain healthy hormone balance after menopause.*
- **Chasteberry** - has been used for over 2,500 years in women's health to support menstrual and premenstrual cycles, and when combined with FenuSmart™, they work in harmony to deliver superior support.*



FenuSmart™ is a trademark of Akay Group.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Amare Ever Balance™
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The Science

Ever Balance is formulated with the key ingredient FenuSmart™, clinically studied to support women's hormonal wellness through PMS, perimenopause and post menopause.

Premenstrual Support

Monthly hormonal shifts can affect mood and sexual well-being. In healthy menstruating women, daily use of the key ingredient FenuSmart™ for 42 days reduced sexual difficulties by 41.6% and irritability by 40%, supporting a more balanced menstrual cycle.**

Perimenopause Support

During perimenopause, hormonal changes can lead to hot flashes, night sweats, and mood fluctuations. Women taking FenuSmart experienced a 26% reduction in vasomotor symptoms and a 31.8% decrease in negative mood within just 42 days.***

Post Menopause Support

Even after menopause, hormones continue to influence mood, libido, and overall vitality. FenuSmart™ has been shown to reduce the severity of hot flashes by 47.8%, night sweats by 53%, mood swings by 69%, sleeplessness by 71%, mood by 49% and irritability by 76%.****

**Statistics are based on a study of 24 female participants using FenuSmart™ for 42 days.

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Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving	%DV
Ever Balance Proprietary Blend	600 mg †
FenuSmart™ Fenugreek seed extract (<i>Trigonella foenum-graecum</i>), Chaste Tree Berry Extract	

† Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), Microcrystalline cellulose, Magnesium stearate (vegetable), Silicon dioxide.
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How To Use It

Simply take 2 capsules per day with 8 oz. of water. Use consistently for best results.

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